

## White Water User Agreement

Legend reference - Insurance Document

PLEASE FILL IN YOUR DETAILS BELOW AND TICK BOXES APPLICABLE

I am a casual pay as go user		<input type="checkbox"/>	I am a paid member (either DD or annual)		<input type="checkbox"/>
<b>Participant details</b>			<b>Emergency contact – Required</b>		
<b>Used to contact in an emergency or for course updates</b>					
Name			<b>First Contact</b>		
Date of Birth			1 <sup>st</sup> Phone		
Address (1 <sup>st</sup> line)			2 <sup>nd</sup> Phone		
Address (2 <sup>nd</sup> line)			<b>Relationship</b>		
Address (3 <sup>rd</sup> line)			<b>Second Contact</b>		
Postcode			1 <sup>st</sup> Phone		
Telephone			2 <sup>nd</sup> Phone		
Email			<b>Relationship</b>		
<b>Medical Information - Please tick boxes applicable – passed onto 999 services if available</b>					
Disability	<input type="checkbox"/>	Mobility problems	<input type="checkbox"/>	Other	<i>Please specify;</i>
Infectious diseases	<input type="checkbox"/>	Heart Condition	<input type="checkbox"/>	Details of any medication taken	
Asthma	<input type="checkbox"/>	Fainting / dizziness	<input type="checkbox"/>		
Allergies e.g. medications	<input type="checkbox"/>	Skin irritations	<input type="checkbox"/>		
Epilepsy	<input type="checkbox"/>	<b>None</b>	<input type="checkbox"/>		
Unfortunately staff cannot advise you on contraindicated medical conditions					

**White Water use Terms and Conditions**

- Use of the grade 3 rapids on the White Water course at the National Water Sports Centre is considered to be an extreme sport and therefore carries risks higher than normal activities.
- By signing this document you are declaring that you are competent in White Water use and that you can successfully perform;
  1. An Eskimo roll in grade 3 white water
  2. A Self rescue in grade 3 white water
  3. A safe swimming (defensive) position in grade 3 white water
- You must follow all rules relating to the use of white water contained within this document and on display around the course.
- You must be aware that water levels and features can change over a very short period of time and therefore you must check the conditions prior to every use.
- You must bring and produce to staff your membership card on every visit.
- You must retrieve your membership card when you have finished using the White Water Course.
- You must wear a CE/ISO marked Buoyancy Aid and Helmet at all times whilst on the White Water Course.
- All equipment you use on the White Water Course must be of White Water specification and be fit for purpose.
- The course is fed directly from the River Trent. The River Trent is not a bathing water and can have fluctuating bacteria levels. You are signing to say you have read and understood the important notice to water users leaflet.
- The White Water Course is not supervised by safety teams. You must bring with you a "Buddy". A "buddy" is there to monitor your safety whilst paddling. A "Buddy" can be a fellow White Water user or a suitably qualified / trained bank support person.
- All people providing bank support must hold a Foundation Safety and Rescue qualification or higher or can prove they have undergone training at the National Water Sports Centre in bank support.
- All bank support users must wear CE/ISO marked Buoyancy Aid and Helmet whilst performing bank support.
- All people providing bank support must report to reception prior to providing bank support.

<b>Name of participant</b>		<b>Sign</b>		<b>Date</b>	
Parent/Guardian name (if under 18)					

If you have provided your email and mobile number Holme Pierrepont Country Park may choose to contact you with information on offers or products/services by email or SMS, if you would like to receive this information tick this box

Issue 3. Feb 2022. Serco Public